

2025 SUNRISE-SUNSET TABLES

Please note that the NH Sunrise and Sunset times may be several minutes before or after the times shown below, which are for Concord, NH. Check local media for exact sunrise/sunset times. Daylight Savings Time has been incorporated into this chart (in red).

Eastern Standard Time—Concord, NH

Lunar Phases: ○ = Full ◐ = Last Quarter
● = New ◑ = First Quarter

JAN.				FEB.			MAR.		
Day	Rise A.M.	Set P.M.	Lunar Phase	Rise A.M.	Set P.M.	Lunar Phase	Rise A.M.	Set P.M.	Lunar Phase
1	7:18	4:21		7:02	4:58		6:23	5:35	
2	7:18	4:22		7:01	4:59		6:21	5:36	
3	7:18	4:23		7:00	5:00		6:19	5:37	
4	7:18	4:24		6:59	5:02		6:18	5:38	
5	7:18	4:25		6:57	5:03	◐	6:16	5:40	
6	7:18	4:26	◑	6:56	5:04		6:14	5:41	◐
7	7:18	4:27		6:55	5:06		6:13	5:42	
8	7:18	4:28		6:54	5:07		6:11	5:43	
9	7:18	4:29		6:52	5:08		7:09	6:45	
10	7:17	4:30		6:51	5:10		7:07	6:46	
11	7:17	4:31		6:50	5:11		7:06	6:47	
12	7:17	4:32		6:49	5:12	○	7:04	6:48	
13	7:16	4:33	○	6:47	5:14		7:02	6:49	
14	7:16	4:34		6:46	5:15		7:00	6:51	○
15	7:15	4:36		6:44	5:16		6:59	6:52	
16	7:15	4:37		6:43	5:18		6:57	6:53	
17	7:14	4:38		6:41	5:19		6:55	6:54	
18	7:14	4:39		6:40	5:20		6:53	6:55	
19	7:13	4:41		6:38	5:22		6:52	6:57	
20	7:13	4:42		6:37	5:23	◐	6:50	6:58	
21	7:12	4:43	◑	6:35	5:24		6:48	6:59	
22	7:11	4:44		6:34	5:26		6:46	7:00	◐
23	7:10	4:46		6:32	5:27		6:44	7:01	
24	7:10	4:47		6:31	5:28		6:43	7:03	
25	7:09	4:48		6:29	5:29		6:41	7:04	
26	7:08	4:50		6:28	5:31		6:39	7:05	
27	7:07	4:51		6:26	5:32	●	6:37	7:06	
28	7:06	4:52		6:24	5:33		6:35	7:07	
29	7:05	4:54	●				6:34	7:08	●
30	7:04	4:55					6:32	7:10	
31	7:03	4:56					6:30	7:11	

APR.				MAY			JUNE		
Day	Rise A.M.	Set P.M.	Lunar Phase	Rise A.M.	Set P.M.	Lunar Phase	Rise A.M.	Set P.M.	Lunar Phase
1	6:28	7:12		5:40	7:47		5:09	8:19	
2	6:27	7:13		5:38	7:48		5:09	8:20	◐
3	6:25	7:14		5:37	7:49		5:08	8:21	
4	6:23	7:15	◐	5:36	7:50	◐	5:08	8:21	
5	6:21	7:17		5:34	7:52		5:07	8:22	
6	6:20	7:18		5:33	7:53		5:07	8:23	
7	6:18	7:19		5:32	7:54		5:07	8:23	
8	6:16	7:20		5:30	7:55		5:06	8:24	
9	6:14	7:21		5:29	7:56		5:06	8:25	
10	6:13	7:23		5:28	7:57		5:06	8:25	
11	6:11	7:24		5:27	7:58		5:06	8:26	○
12	6:09	7:25	○	5:26	7:59	○	5:06	8:26	
13	6:08	7:26		5:25	8:01		5:06	8:27	
14	6:06	7:27		5:24	8:02		5:06	8:27	
15	6:04	7:28		5:22	8:03		5:06	8:28	
16	6:03	7:30		5:21	8:04		5:06	8:28	
17	6:01	7:31		5:20	8:05		5:06	8:29	
18	5:59	7:32		5:19	8:06		5:06	8:29	◐
19	5:58	7:33		5:19	8:07		5:06	8:29	
20	5:56	7:34	◐	5:18	8:08	◐	5:06	8:29	
21	5:55	7:35		5:17	8:09		5:06	8:30	
22	5:53	7:37		5:16	8:10		5:07	8:30	
23	5:52	7:38		5:15	8:11		5:07	8:30	
24	5:50	7:39		5:14	8:12		5:07	8:30	
25	5:48	7:40		5:13	8:13		5:07	8:30	●
26	5:47	7:41		5:13	8:14	●	5:08	8:30	
27	5:45	7:42	●	5:12	8:15		5:08	8:30	
28	5:44	7:44		5:11	8:16		5:09	8:30	
29	5:43	7:45		5:11	8:16		5:09	8:30	
30	5:41	7:46		5:10	8:17		5:10	8:30	
31				5:10	8:18				

JULY				AUG.			SEPT.		
Day	Rise A.M.	Set P.M.	Lunar Phase	Rise A.M.	Set P.M.	Lunar Phase	Rise A.M.	Set P.M.	Lunar Phase
1	5:10	8:30		5:36	8:09	◐	6:10	7:22	
2	5:11	8:30	◐	5:37	8:08		6:11	7:21	
3	5:11	8:30		5:39	8:06		6:12	7:19	
4	5:12	8:30		5:40	8:05		6:14	7:17	
5	5:12	8:29		5:41	8:04		6:15	7:15	
6	5:13	8:29		5:42	8:03		6:16	7:14	
7	5:14	8:29		5:43	8:01		6:17	7:12	○
8	5:14	8:28		5:44	8:00		6:18	7:10	
9	5:15	8:28		5:45	7:59	○	6:19	7:08	
10	5:16	8:27	○	5:46	7:57		6:20	7:06	
11	5:17	8:27		5:47	7:56		6:21	7:05	
12	5:17	8:26		5:48	7:54		6:22	7:03	
13	5:18	8:26		5:49	7:53		6:23	7:01	
14	5:19	8:25		5:50	7:52		6:25	6:59	◐
15	5:20	8:25		5:52	7:50		6:26	6:57	
16	5:21	8:24		5:53	7:49	◐	6:27	6:56	
17	5:22	8:23	◐	5:54	7:47		6:28	6:54	
18	5:23	8:22		5:55	7:45		6:29	6:52	
19	5:23	8:22		5:56	7:44		6:30	6:50	
20	5:24	8:21		5:57	7:42		6:31	6:48	
21	5:25	8:20		5:58	7:41		6:32	6:47	●
22	5:26	8:19		5:59	7:39		6:33	6:45	
23	5:27	8:18		6:00	7:38	●	6:34	6:43	
24	5:28	8:17	●	6:01	7:36		6:36	6:41	
25	5:29	8:16		6:03	7:34		6:37	6:39	
26	5:30	8:15		6:04	7:33		6:38	6:37	
27	5:31	8:14		6:05	7:31		6:39	6:36	
28	5:32	8:13		6:06	7:29		6:40	6:34	
29	5:33	8:12		6:07	7:28		6:41	6:32	◐
30	5:34	8:11		6:08	7:26		6:42	6:30	
31	5:35	8:10		6:09	7:24	◐			

OCT.				NOV.			DEC.		
Day	Rise A.M.	Set P.M.	Lunar Phase	Rise A.M.	Set P.M.	Lunar Phase	Rise A.M.	Set P.M.	Lunar Phase
1	6:43	6:29		7:21	5:39		6:58	4:12	
2	6:45	6:27		6:22	4:37		6:59	4:12	
3	6:46	6:25		6:24	4:36		7:00	4:11	
4	6:47	6:23		6:25	4:35		7:01	4:11	○
5	6:48	6:21		6:26	4:34	○	7:02	4:11	
6	6:49	6:20	○	6:27	4:32		7:03	4:11	
7	6:50	6:18		6:29	4:31		7:04	4:11	
8	6:52	6:16		6:30	4:30		7:05	4:11	
9	6:53	6:14		6:31	4:29		7:06	4:11	
10	6:54	6:13		6:33	4:28		7:07	4:11	
11	6:55	6:11		6:34	4:27		7:08	4:11	◐
12	6:56	6:09		6:35	4:26	◐	7:09	4:11	
13	6:57	6:08	◐	6:36	4:25		7:10	4:11	
14	6:59	6:06		6:38	4:24		7:10	4:11	
15	7:00	6:04		6:39	4:23		7:11	4:11	
16	7:01	6:03		6:40	4:22		7:12	4:12	
17	7:02	6:01		6:42	4:21		7:13	4:12	
18	7:03	5:59		6:43	4:20		7:13	4:12	
19	7:05	5:58		6:44	4:19		7:14	4:13	●
20	7:06	5:56		6:45	4:18	●	7:14	4:13	
21	7:07	5:55	●	6:47	4:18		7:15	4:13	
22	7:08	5:53		6:48	4:17		7:15	4:14	
23	7:10	5:52		6:49	4:16		7:16	4:14	
24	7:11	5:50		6:50	4:15		7:16	4:15	
25	7:12	5:49		6:51	4:15		7:17	4:16	
26	7:13	5:47		6:53	4:14		7:17	4:16	
27	7:15	5:46		6:54	4:14		7:17	4:17	◐
28	7:16	5:44		6:55	4:13	◐	7:18	4:18	
29	7:17	5:43	◐	6:56	4:13		7:18	4:18	
30	7:18	5:41		6:57	4:12		7:18	4:19	
31	7:20	5:40					7:18	4:20	